



# LINCOLN LEGAL SERVICES (MYANMAR) LIMITED

CONVENIENCE TRANSLATION - ACCURACY NOT GUARANTEED

**Ministry of Health and Sports  
Public Health Department**

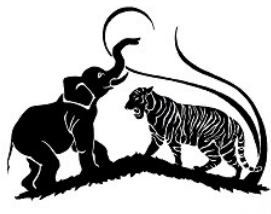
**Instruction to factories and workplaces concerning the prevention of the coronavirus disease 2019  
(COVID-19)**

- **The employer shall**
  - supply body temperature measuring equipment and allow employees to enter the workplace only after they were tested.
  - sufficiently provide water, soap and hand sanitizers in order to enable employees to systematically wash their hands.
  - affix a poster with systematic hand washing instructions and monitor compliance.
  - make arrangements that there is, to the furthest extent possible, a space of 3 feet between the employees; avoid working in crowds.
  - not gather a crowd for health campaigning; instead, shall use posters, pamphlets and audio files for sharing health knowledge among employees
  - strictly comply with the warnings and instructions issued by the Ministry of Health and Sports with regard to the organisation of health enlightenment campaigns.
  - obtain information concerning warnings, health knowledge and the usage of masks by visiting the websites [www.mohs.gov.mm](http://www.mohs.gov.mm) or [www.facebook.com/ministryofhealthandsportsmyanmar](https://www.facebook.com/ministryofhealthandsportsmyanmar) or scanning the QR code, and visiting the Coronavirus Disease 2019 Surveillance Dashboard.
  - monitor so that no false alarm and rumors are spread among employees.
- **Employees shall**
  - frequently and systematically wash hands using water and soap, not touch eyes, nose and mouth without washing hands, take care of personal hygiene, consume sufficient nutrients for the body and sleep well.
  - avoid visiting crowded places except the workplace and residence.



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- avoid contact with others if experiencing symptoms such as fever (38C or 100.4F), coughing, respiratory problems or feeling weak and immediately obtain treatment from the nearest healthcare centre.
- watch colleagues for suspicious symptoms and immediately inform the supervisor and other responsible persons if anything suspicious is found.
- **Supervisors shall**
  - demonstrate systematic hand washing to enable employees to comply.
  - conduct temperature tests on employees at the entrance and exit of the workplace, arrange for immediate treatment if a person has a higher body temperature or exhibits suspicious symptoms and prevent such person from entering the workplace.
  - monitor employees as to suspicious symptoms and immediately bring the respective person to the nearest health care centre for treatment if the employee appears to be affected.



## LINCOLN LEGAL SERVICES (MYANMAR) LIMITED

### About Lincoln Legal Services (Myanmar) Limited

Lincoln Legal Services (Myanmar) Limited provides the full range of legal and tax advisory and compliance work required by investors. We pride ourselves in offering result-oriented work, high dependability and a fast response time at very competitive prices. Please do not hesitate to contact us:

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