

Announcement for 21 days facility quarantine and 7 days home quarantine

1. The Ministry of Health and Sports had earlier announced the 14-day facility quarantine, followed by another 14-day home quarantine, for prevention of COVID-19 infection from the foreign visitors and the positive patients.
2. However, the World Health Organization (WHO) has announced that the transmission of disease is possible before two days and until 28 days of symptoms, and that the infection of disease is possible during these periods. A research conducted in China has shown that strict and systematic quarantine for 21 days could contain the outbreak of disease up to 98.7%. Moreover, some regional countries are practicing a total of 28-day for both hospital/facility quarantine and home quarantine. Especially, the 28-day quarantine period is found in the countries with only limited laboratory tests.
3. Out of 28 positive cases for COVID-19 in Myanmar, some positive patients are the imported cases and the close persons with them. Moreover, the lab tests of National Health Laboratory and the contact tracings at Regions/States have showed that some confirmed patients and some quarantined persons for more than 14 days were still tested positive.
4. Therefore, the Ministry of Health and Sports has extended the 14-day facility quarantine to the 21-day community based facility quarantine/hotel quarantine and 7-day home quarantine, totalling 28-day quarantine.

*The Ministry of Health and Sports
(Translated by Aung Khin)*