



# LINCOLN LEGAL SERVICES (MYANMAR) LIMITED

*CONVENIENCE TRANSLATION - ACCURACY NOT GUARANTEED*

## **List of items to be prepared at shopping malls, supermarkets, shops selling take-away items and home delivery services for the prevention of the COVID-19 disease**

(Version 1.0)

4<sup>th</sup> May 2020

### **(A) General items**

1. No shop owner and worker shall come to work if he or she suffers from any of the following conditions -
  - Feeling sick; coughing, difficulty breathing; weakness;
  - under medical treatment which may cause immune deficiency (e.g., immunosuppressive drugs, cancer treatment);
  - having had contact with a confirmed COVID-19 patient during the last 14 days;
  - the person or a family member is specified as a suspected COVID-19 patient or placed in quarantine.
2. To wear a face shield, safety mask and gloves at all time during work.
3. To wash hands for 20 seconds using water and soap or to use hand sanitizer with at least 60% alcohol (especially after touching food, goods or money or after sneezing or coughing or touching the face mask).
4. To arrange a distance of at least 2 metres or 6 feet between and among workers, sellers and buyers.
5. To change clothes after returning home from outside and wash the clothes with soap water for 30 minutes.
6. To take a shower or wash the body every time when returning from outside; to avoid contact with family members before taking a shower or changing clothes.
7. To sanitize
  - shopping malls, supermarkets, shops selling take-away items and home delivery services according to the instructions for sanitizing public areas issued by the Ministry of Health and Sports;

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- to clean the floor using soap and water at least once per day;
  - to clean metal surfaces (e.g., entrance doors, toilets, cashiers, elevators, escalators, shopping carts) with 70% ethyl alcohol spray.
8. The employer shall
- provide face shields, masks, hand sanitizers, soap and water in sufficient quantity;
  - provide ferries to avoid the use of public transport.

### **(B) Special items to be complied with by home delivery services and restaurants**

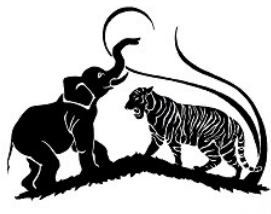
Home delivery services and restaurants shall comply with the following items in addition to the general items -

1. To assign workers responsible for the home delivery to specific townships.
2. Workers shall keep hand sanitizers with at least 60% alcohol and use them after touching goods and money.
3. To deliver to the delivery place agreed with the buyer and leave the goods after notifying the buyer.
4. To keep a distance of 2 meters (6 feet) between the buyer and the person doing the delivery.

### **(C) Special items to be complied with by shops selling take-away food**

Shops selling take-away food shall comply with the following special items in addition to the general items -

1. To arrange services so that orders can be placed online or by telephone.
2. To specify one pick-up place and allow only one person to come to pick up.
3. To arrange a distance of at least 2 metres or 6 feet in the queuing line and avoid the creation of a crowd.
4. To arrange a glass or plastic shield to separate the seller from the buyer and clean it frequently with soap and water or 70% ethyl alcohol spray.
5. Buyers shall wash hands for 20 seconds using soap and water or use hand sanitizer with 60% alcohol before and after picking up the take-away goods.



### **(D) Special items to be complied with by shopping malls and supermarkets**

Shopping malls and supermarkets shall comply with the following special items in addition to the general items -

1. To arrange a distance of at least 2 metres (6 feet) at the cash counter.
2. To arrange a glass or plastic shield to separate the seller from the buyer and clean it frequently with soap and water or 70% ethyl alcohol spray.
3. To arrange soap and water or hand sanitizer with at least 60% alcohol for customers to use before entering the shop, after touching goods and after making payment.
4. To prevent customers not wearing masks from entering the shop; to arrange masks if necessary.
5. To measure the customers' temperature at the entrance. If a customer's temperature is 38C or 100.4F, prevent this customer's entry and report him or her to the nearest health department.
6. To monitor whether customers wash hands before entering and when leaving the supermarket.

Sub-Department for Occupational Health  
Sub-Department for the Promotion of Health  
Awareness  
Ministry of Health and Sports



## LINCOLN LEGAL SERVICES (MYANMAR) LIMITED

### About Lincoln Legal Services (Myanmar) Limited

Lincoln Legal Services (Myanmar) Limited provides the full range of legal and tax advisory and compliance work required by investors. We pride ourselves in offering result-oriented work, high dependability and a fast response time at very competitive prices. Please do not hesitate to contact us:

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