



CONVENIENCE TRANSLATION - ACCURACY NOT GUARANTEED

**Government of the Republic of the Union of Myanmar  
Ministry of Health  
Food and Drug Administration**

**Directive (2/2022)**

The Myanmar Food and Drug Administration (FDA) issued Notification (8/2022) on the labelling of pre-packaged food. Pursuant to chapter (3), para. 7(a) of this Notification, the general class names of food ingredients may be changed to the specified class name and the descriptions of the food additives shall be stated in accordance with the following provisions.

- (1) General class names may be changed to the class names listed in the table below, except for names of ingredients that may cause allergies.

<b>General class names</b>	<b>Class names</b>
Refined oils other than olive oils	May be referred to as “oil” together with either the term “vegetable” or “animal”, qualified by the term “hydrogenated” or “partially hydrogenated”, as appropriate Examples: Vegetable oil, animal oil, oil from crops, partially hydrogenated animal oil
Refined fats	May be referred to as “fat” together with either the term “vegetable” or “animal”, as appropriate Examples: Vegetable fat, animal fat
Starches, other than chemically modified starches	“Starch”
All species of fish where the fish constitutes an ingredient of another food and no reference is made to a specific species of fish	“Fish”
All types of poultry meat where the meat constitutes an ingredient of another food and no reference is made to a specific type of poultry meat	“Poultry meat”



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General class names	Class names
All types of cheese where the cheese or mixture of cheeses constitutes an ingredient of another food and no reference is made to a specific type of cheese	"Cheese"
All spices and spice extracts not exceeding 2% by weight either single or in combination in the food	"Spice", "spices", or "mixed spices", as appropriate.
All herbs or parts of herbs not exceeding 2% by weight either single or in combination in the food	"Herbs", or "mixed herbs", as appropriate
All basic materials used in the production of chewing gum	"Gum base"
All types of sucrose	"Sugar"
Dextrose powdered sugar and dextrose monohydrate	"Dextrose" or "glucose"
All types of caseinates	"Caseinate"
Dairy products containing at least 50% dry milk protein (quantitative determination: Kjeldahl nitrogen)	"Milk protein"
Press, expeller or refined cocoa butter	"Cocoa butter"
All crystallized fruit not exceeding 10% of the weight of the food	"Crystallized fruit"

2. The following classes of permitted food additives must be listed in conjunction with the class names and international numbering system for food additives (CXG 36-1989).

Food additives (Myanmar name)	Food additives functional classes
Acidity regulator	Acidity regulator
Anticaking agent	Anticaking agent
Antifoaming agent	Antifoaming agent
Antioxidant	Antioxidant



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Bleaching agent	Bleaching agent
Bulking agent	Bulking agent
Carbonating agent	Carbonating agent
Colour	Colour
Colour retention agent	Colour retention agent
Emulsifier	Emulsifier
Emulsifying salt	Emulsifying salt
Firming agent	Firming agent
Flavour enhancer	Flavour enhancer
Gelling agent	Gelling agent
Glazing agent	Glazing agent
Humectant	Humectant
Preservative	Preservative
Propellant	Propellant
Sequestrant	Sequestrant
Stabilizer	Stabilizer
Thickener	Thickener
Raising agent	Raising agent

Prof. Dr. Khin Zaw  
Director General

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## LINCOLN LEGAL SERVICES (MYANMAR) LIMITED

### About Lincoln Legal Services (Myanmar) Limited

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